

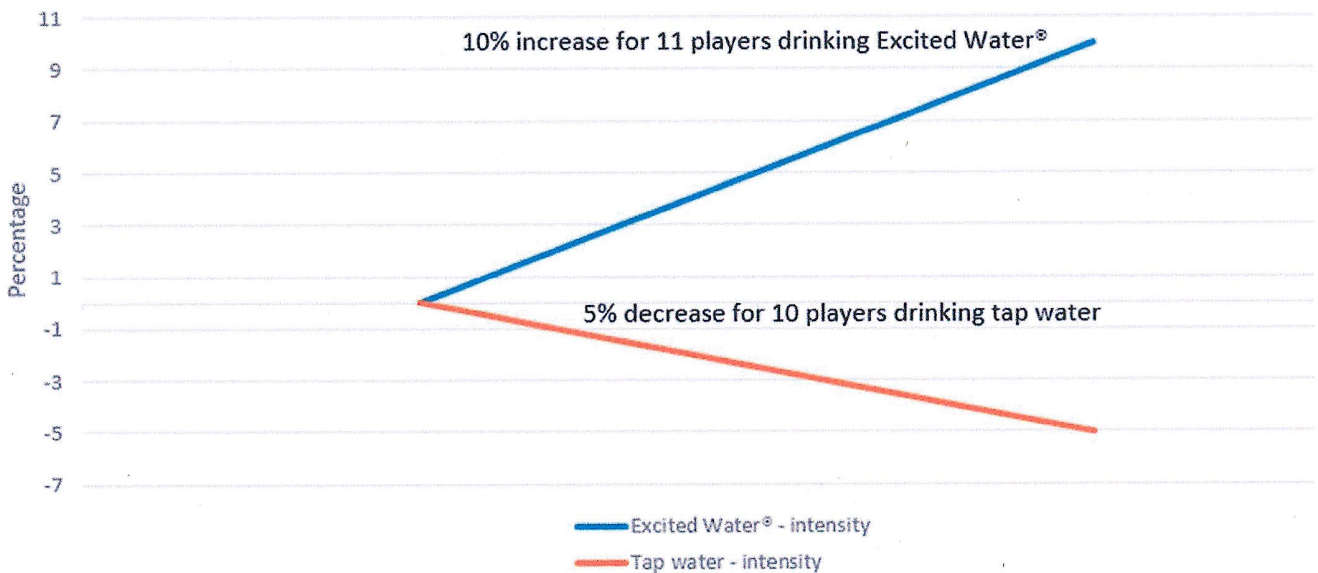
Hillerød Soccer Elite Excited Water® test via Catapult Sport Technology

This one pager describes the results for a performance test with Excited Water® involving 21 soccer players at Hillerød Soccer Elite - www.hfelite.dk. The Catapult Sports Technology analysis technology and software was used - catapult.com.

11 soccer players, team A, were given 2-3 litre Excited Water® each day to drink, 10 soccer players, team B, were given 2-3 litre of tap water to drink each day. The duration was 3 weeks.

Before starting for both teams an average baseline was measured. After 3 weeks, the 3-week data gathered were compiled averagely for team A and team B. The start points were normalized at zero, and it was seen that team A drinking Excited Water® had an improvement of **10%** for the Intensity, and that team B drinking tap water had a **5%** decrease in Intensity. All in all, **15%** difference. Also, on team B only data from 8 players were used, 2 players were minor injured.

Catapult Sports Technology - Vertical axis is Intensity in percent
21 players tested over 3 weeks - 11 drinking Excited Water® - 10 drinking tap water



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